THE MYSTIC’S Wheel of the Year

A Multifaith Calendar Reflecting Eco-Egalitarian Spirituality

2018
Eco-Egalitarian Spirituality (also called Creation Spirituality, Nature Spirituality, and Earth-Centered Spirituality) is a life-affirming spiritual focus based on Nature. It is an individualistic spiritual path, not a distinct organized religion. It is practiced by many who are members of mainstream religions, and by many who are not. Eco-Egalitarian Spirituality is an underlying element common to most religions. It is embodied in non-patriarchal aspects of indigenous religions throughout the world. It is an aspect of Hinduism, Zoroastrianism, Taoism, Shinto, and Buddhism. It is found in the mysticism of Judaism (Kabbalah), Christianity (ecumenical mysticism/Wisdom Tradition), Islam (Sufism), and Baha’ism. And it is reflected in Unitarian Universalism. Those on an Eco-Egalitarian Spirituality path reject blind obedience to all human spiritual leadership and blind acceptance of any decreed dogma. Diversity of opinion is the norm. Each person explores his/her own path on the common journey—guided by compassion, reason, and experience. Eco-Egalitarian Spirituality reflects an emphatic love for, and desire to understand, Deity. It conceives Deity to be an unfathomable mystery: ultimately genderless, formless, and limitless. All definitions necessarily fall short. Eco-Egalitarian Spirituality emphasizes the ultimate oneness of Deity, but acknowledges a multitude of names, attributes, and forms of the primordial and eternal, omnipotent and omniscient, all-encompassing and universal Deity. Many call Deity Yahweh, the Trinity, Allah, Brahman, or Adi-Buddha. Some call Deity Ch’i, the Great Spirit, or Mother Nature and Father Time. Others call Deity the Source, the Force, the Cosmos, the Absolute, or the Unity. Still others simply refer to Deity as the Mystery. Many understand Deity in both masculine and feminine terms. (But “masculine” and “feminine” are not defined by patriarchal concepts: “masculine” is not aggressive and active; “feminine” is not receptive and passive.) Eco-Egalitarian Spirituality emphasizes that all God concepts are attributes of the One God, all Goddess concepts are attributes of the One Goddess, and together the One God and One Goddess make up God-Goddess (or Goddess-God) --the one genderless Deity. God generally embodies the concepts of Being, Will, and Consciousness. He also represents the principle of duality: order and chaos. From Him come the gifts of free will, knowledge of self and others, knowledge of good and evil, and knowledge of life and death. Goddess, on the other hand, generally embodies the concepts of Becoming, Power, and Conscience. She represents the principle of the eternal cycle. From Her come the gifts of peace, love, compassion, passion, inspiration, worldly knowledge, wisdom, conscience, truth, and justice. Though never accepted as orthodox dogma, the feminine aspect of Deity is not alien to the Judeo-Christian-Islamic traditions. The Bible reflects that Deity was honored as female as well as male in ancient Israel and Judah, until Her shrines were destroyed and Her priests and priestesses killed at the behest of the patriarchal prophets. The Bible still honors the feminine aspect of Deity in the Wisdom Literature--Proverbs, Wisdom of Solomon, Ecclesiasticus, etc. To the ancient Hebrews, the feminine aspect of Deity was Elath, which means Goddess; and Asherah, which means Tree of Life. In the Kabbalistic Tree of Life, She is represented in the feminine Sephiroth (divine attributes). She is Heh of Yahweh (YHVH or Yod-Heh-Vau-Heh), the Mother-Daughter of the Kabbalistic Tetragrammatan. She is Eloah (Goddess) who, in unity with Eloah (God), make up the genderless (gender-inclusive) Elohim. She is also Hokhma, which is the feminine Hebrew word meaning Wisdom; Shekhinah, the feminine Hebrew word meaning Powerful Presence; and Ruach, the feminine Hebrew word meaning Spirit. Christians know Her as the Holy Spirit, the third part of the Holy Trinity. They also call Her Holy Wisdom (as well as Sophia and Sapientia, the feminine Greek and Latin words for Wisdom). She is also called the Paraclete, Grace,
Justice, and Providence. ⋆⋆⋆ Sufis know Her as Allat Ruh Sakinah (Goddess Spirit Presence). Sufis consider Old Arabic Goddesses Al-Lat (Goddess), Al-’Uzza (Power), and Manat (Fate) -- the daughters of Old Arabic God Al-Lah -- to represent feminine attributes of the ultimately genderless (gender-inclusive) Deity. ⋆⋆⋆ Those with an Eco-Egalitarian Spirituality focus celebrate Deity as creator, sustainer, and destroyer--providing the gifts of life, death, and rebirth. They also generally recognize Angels or Spirits to be emanations, guardians, guides, or messengers from Deity. ⋆⋆⋆ Eco-Egalitarian Spirituality recognizes Deity to be transcendent (beyond all) as well as immanent (within all). There is nothing that is not Deity. Thus, all Nature is considered sacred--including all people and all animals. Consciousness of divine immanence fosters recognition of the interconnectedness and interdependence of all aspects of Nature, and engenders awe and gratitude for the wondrousness of the Universe. And scientific theories about the Universe and life within it are thought of as tools to bring us closer to understanding both Deity and ourselves. ⋆⋆⋆ Those on an Eco-Egalitarian Spirituality path acknowledge Deity to be beyond humanity’s concept of good and evil, and acknowledge that divine gifts bring both benefit and harm. They recognize that all good and evil originate in the individual, but do not conceive of people as inherently evil. Each moment the individual chooses to do good or evil and is fully responsible for that choice. The good and evil one does will return to the doer as reward and punishment, but atonement is possible where there is regret and reparation made. ⋆⋆⋆ Eco-Egalitarian Spirituality emphasizes a fundamental duty to respect all and harm none. Each person is valued as unique and as a child, temple, and part of Deity. Each person is our sister or brother. All people, however different they may seem, are to be treated as equals and with compassionate respect. Animals and other aspects of Nature are likewise valued. ⋆⋆⋆ To intentionally harm or disrespect the inherent rights of people (including one’s self), animals, or other aspects of Nature is to do evil. Thus, sexism, racism, religious bigotry, homophobia, and other kinds of mistreatment, discrimination, or oppression are evil. Likewise, to needlessly or irreverently harm any animal or destroy its habitat is evil. ⋆⋆⋆ Those with an Eco-Egalitarian Spirituality focus also recognize a duty to oppose injustice and aid those in need--particularly the sick, the disabled, the young, and the old. They also acknowledge a duty to practice conservation and to avoid and oppose environmental waste and abuses. ⋆⋆⋆ They seek peace within and without, and attempt to live in harmony with Nature. They strive to be self-reliant and empower themselves, as well as to challenge and better themselves. They desire to understand and love themselves. They want happiness for themselves--and for everyone. ⋆⋆⋆ Eco-Egalitarian Spirituality is family-centered, and recognizes that each person bears familial duties to children, spouse, and parents. Marriage is conceived to be a partnership of equals. Differences between men and women are celebrated; but the idea that differences in gender indicate superiority or inferiority of either gender is rejected, as is the idea of mandated gender-based familial or societal roles. ⋆⋆⋆ Those on an Eco-Egalitarian Spirituality path follow the positive (non-harmful) aspects of their respective religious traditions. They also respect the positive beliefs and practices of all religious traditions, whether orthodox or unorthodox. ⋆⋆⋆ Those with an Eco-Egalitarian Spirituality focus recognize that one can have direct experience of Deity any time and any place. One can worship alone, as a family, or in a spiritual community. The cycle of life, the cycle of the seasons, and the lunar cycles are often celebrated. (The Sun and Moon, and their continuing cycles, are seen as symbols of Deity, and metaphors for human physical and psychological cycles.) ⋆⋆⋆ Worship of Deity may include prayer, meditation, chanting, or singing. Or dancing, drumming, ritual, or sacred drama. Indeed, celebrating the artist within, worship of Deity may be manifested in any kind of artistic expression. Worship of Deity may also include thanksgiving or penance offerings of candles, incense, or flowers. Or offerings of grain, fruit, or libations. Or it may include action offerings, such as giving food to the poor, demonstrating against social injustice, or picking up litter. ⋆⋆⋆ This calendar is intended to show how Eco-Egalitarian Spirituality is reflected in religious traditions of the past and the present. It is also intended to aid in reclaiming and exploring positive aspects of one’s own religious traditions, letting go of harmful aspects, and learning about the traditions of others. May it inspire you to love Deity, Nature, and all humankind. Blessed be!
<table>
<thead>
<tr>
<th>Nature Focus: darkness &amp; cold; bare trees &amp; fallow fields; hibernation &amp; migration; death; Winter snows</th>
<th>Psychological Focus: inner reflection; struggle against evil — within &amp; without</th>
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<tbody>
<tr>
<td>Creation Spirituality Path: via transformativa (the transforming way — transforming self &amp; society)</td>
<td>Kabbalistic Focus: Daath (The Abyss) (n): Primordial Chaos; That Which Generates All &amp; Reabsorbs All</td>
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### January

- **1/1**: New Year’s Day (Gregorian Calendar). **12/21 to 1/19**: Hopi & Zuni Soyala New Year Festival of purification and renewal. **12/25 to 1/5**: Yule—Old Anglo-Teutonic festival honoring God Freyr, Goddess Freyja, and God Balder. **12/31 to 1/4**: Zoroastrian celebration of Divine Spirit Vohu Manah, creator and protector of animals. Vohu Manah is one of seven male and female divine emanations of Deity Ahura Mazda. **1/1 (9:24 p.m. EST):** Full Moon (Black/Death-Crone Moon). **1/1**: World Peace Day—Day to meditate for peace throughout the world. **1/1**: Ethics Day—Day to commit to personal honor. **1/1**: Day the Emancipation Proclamation went into effect freeing Confederate slaves (1863); day to mourn African victims of slavery and racism (past and present), make peace, and celebrate empowerment of African Americans. **1/1**: Day the first woman was ordained an Episcopal priest in the U.S. (1977). **1/1**: Day Pope John Paul II exhorted Christians to respect Nature, to preserve natural resources, and to stop environmental destruction (1990). **1/1 to 1/4**: Tewa Turtle Dance—celebrating life and the first Creation, when Sky Father embraced Earth Mother and all life was conceived. **1/1 eve to 1/4 eve (1/3 peak):** Quadrantid Meteor Showers. **1/1 to 1/6**: Shogatsu/Shinto New Year’s Festival—The Kami (Nature Spirits) of the four directions are honored, and prayers for happiness, good health, and prosperity are made. The Kami are manifestations of the one immanent and transcendent Deity, Kuni-Tokotachi-no-Kami. **1/3 (1:00 a.m. EST):** Earth Perihelion—when the Earth is closest to the Sun. **1/4**: Day ethnic discrimination was outlawed worldwide (1969); day to mourn all manifestations of racism. **1/5**: Avian Day—Day to honor all creatures of the air and to meditate on Deity manifesting as birds. **1/5**: Birthday of Guru Gobind Singh Sahib, tenth Sikh guru (1666). He believed that only those who love find Deity, and exhorted Sikhs to be compassionate. **1/6**: Mindfulness Day—Zen Buddhist day for being mindful of the peace, joy, and beauty of the moment. **1/6 (OC 1/19):** Epiphany—Christian feast recalling the adoration of Child Jesus by the Magi, and the beginning of Rabbi Jesus’ ministry of love to humanity—when He changed water into wine at Cana. **1/7**: Koshogatsu/Shinto rite honoring Goddess Izanami, partner of God Izanagi. They created Nature and the Kami. **1/7**: Orthodox Christian Christmas. **1/8**: Death day of Galileo (1642), astronomer; day to mourn the persecution of scientists by religious authorities. **1/12**: Day genocide was outlawed worldwide (1951); day to mourn all victims of genocide. **1/13**: Death day of George Fox (1691), founder of the Quakers. Quakers experience Deity within and practice egalitarianism, social activism, and peacefulness. **1/13 to 1/15 (1/19):** Old Norse Mid-Winter Feast—Offerings were made to the Deities (particularly Jord, Thor, and Freyr) for growth of crops. **1/14**: Makar Sakranti—Beginning of Hindu pilgrimage to holy rivers to bathe and pray, to purify themselves of their sins. Hindus believe all Gods and Goddesses are aspects of the limitless, immanent, and transcendent Brahm. **1/14 eve to 1/15 eve**: Celebration day for Muhhiy ad-Din Ibn Al-Arabi (d. 1240), Sufi saint who honored Deity as a unity manifested in all Nature, both genders, and countless forms. **1/14 to 1/16**: Old Egyptian Festival honoring the unseen Neteru Amen and Amenet. Egyptians perceived the many Gods and Goddesses (Neteru) to be aspects of the one God-Goddess Neteru-Neteret. **1/15**: Feast of the Black Christ. **1/15 (Obs. 1/15):** Birthday of Rev. Martin Luther King, Jr. (1929), Baptist preacher and non-violent advocate for the rights of African Americans. **1/15**: First appearance of Our Lady of Banneux, Virgin of the poor, the sick, and the suffering (Belgium 1933). **1/16 (9:17 p.m. EST):** New Moon. **1/16 eve**: Rosh Choded–Jewish women gather to worship the Shekhanah, the feminine manifestation of Elohim, the one universal Deity; and to pray and act for peace, social justice, and environmental healing. **1/16 eve to 1/17 eve**: Feast of Old Greek Goddess Hekate, who guides all through transitions and crisis. **1/17**: Yoruba/Santeria feast of Ogun, Orisha of Strength, Endurance, and Perseverance. Yorubas/Santeros believe the Orishas are emanations and messengers of the one Deity, Odoodimare. **1/19**: Baha’i feast honoring the one Deity as Suliam—Soeverignty. Baha’a believe in the oneness of Deity. **1/20**: Beginning of Aquarius (the Water Bearer). **1/21**: World Religions Day—Day to contemplate all religions as different paths to the one universal Deity of many names and aspects. **1/22**: Sarasvatija–Hindu festival honoring Goddess Saraswati, who represents wisdom as well as inspiration. Hindus believe all Gods and Goddesses are aspects of the one Great God-Goddess Maha Deva-Maha Devi. **1/22**: Day the Supreme Court recognized women’s right to reproductive autonomy (1973). **1/24 to 2/1**: Sementivae—Old Roman festival of sowing, honoring Earth Goddess Terra, Grain Goddess Ceres, and Seed Goddess Proserpina. **1/25**: Day Tibetan Buddhists meditate on Buddha Deities Amitayus and White Tara, who grant good health and long life. In Tibetan Buddhism, Buddhhas and Bodhisattvas are symbolic abstractions and aspects of Adi-Buddha—the masculine and feminine, transcendent and immanent Absolute. **1/26**: Vigil for the protection of women in India from gender-based violence. **1/27**: Death day of John James Audubon (1851), ornithologist and conservationist. **1/29**: Birthday of Thomas Paine (1737), Deist who recognized the inherent rights of all men and women, and opposed non-democratic government. Deists believe Deity to be consistent with Nature and reason. **1/29**: Birthday of Vladimir Soloviev (1853), Orthodox Christian mystic who bewailed humanity’s alienation from Holy Wisdom and from Nature, Her manifestation. **1/30 eve to 1/31 eve**: Tu B’Shevat—Jewish Festival of Trees, celebrated with tree plantings and orchard blessings. **1/31 (8:27 a.m. EST):** Full Moon (Cold/Seed Moon). **1/31 (5:30 a.m. to 11:10 a.m. EST):** Total Lunar Eclipse (visible in North America). **1/31**: Birthday of Fr. Thomas Merton (1915), Catholic mystic and poet, who found Deity in stillness and silence. **1/31 eve to 2/2 eve**: Imbolc/St. Bridgid’s Day—Old Celtic/Irish feast of Goddess Brigid; merged with the Christian feast of St. Bridgid. Fires were lit to welcome Her as She traveled about blessing fields, animals, and people. **1/31 eve to 2/3 eve**: Mid-Winter/Groundhog’s Day/Candlemas—Festival marking the transformation from death to life—the beginning of the agricultural year, awakening of hibernating animals, and return of migrating birds and fish. Observed with a candlelight procession to bless fields and seeds, recognition of newborns, and contemplation of life. **1/31 to 2/8**: Navajo Sing.
January Visible Planets: Morning...Mercury (twilight), Mars, Jupiter, Saturn (1/8-31). Evening...Uranus (1/15-31), Neptune. Conjunction...Mars & Jupiter (1/7), Saturn & Mercury (1/13).
February

Seasonal Focus: depths of Winter
Nature Focus: darkness & cold; pruning & plowing; hibernation ends; returning migration
Psychological Focus: purification, reconciliation & peace-making; new beginnings & new opportunities

1/31 eve to 2/2 eve: Imbolc/St. Brigid’s Day. 1/31 eve to 2/3 eve: Mid-Winter/groundhog’s Day/Candlemas. 1/13 to 2/8: Navajo Sing—Festival in preparation for the coming agricultural season; celebrated with prayer, chanting, dancing, and healing. 2/1 to 2/7: World Interfaith Harmony Week—Time to celebrate diversity in spiritual beliefs and practices. 2/1 to 2/14: Old Greek festival of God Dionysos, in which vines were pruned and sprinkled with wine, accompanied by ritual singing and dancing. 2/1 to 2/28: February dedicated to Old Roman God-Goddess Februus-Februa—purifier and protector of the home. Homes were cleaned and blessed, offerings of reparation were given, and peace was made. 2/1 to 2/28: Ethnic Equality Month—Time to honor all peoples and their positive traditions; time to meditate on the equality of all peoples, on the respect due to them, and on God-Goddess manifesting as African, Asian, Oceanic, Middle Eastern, European, Hispanic, and Native American. 2/2: Yoruba/Santeria feast of Oya, Orisha of Death and Rebirth. 2/2: World Wetlands Day—Day to celebrate the complex living community of water, plants, fish, birds, and mammals that live in wetlands world-wide. 2/2: Death day of Marija Gimbutas (1994), archeologist who studied Old European Goddess-God spirituality. 2/3: Setsubun—Shinto rite in which good fortune is invoked and evil exorcised. 2/3: Mindfulness Day—Zen Buddhist day for being mindful that you, and all that is, are in the process of transformation. 2/6: Day to mourn all the women who have been subjected to FGM. 2/7: Baha’i feast honoring the one Deity as Mulk—Sacred Dominion. Baha’s believe in the oneness of all prayer. 2/7: Birthday of Frederick Douglass (1817), non-violent advocate for the rights of African Americans. 2/7 to 2/13 (OC 2/5 to 2/11): Carnival/Meat Fare—Christian time of feasting, dancing, and revelry. 2/10: Day the Supreme Court concluded that the U.S. Constitution prohibits the government from favoring one religion over another and from favoring or disfavoring religion (1947). 2/11: First appearance of Our Lady of Lourdes, Lady of healing waters (France 1858). 2/11: Day the first woman was consecrated an Episcopalian bishop in the U.S. (1989). 2/12: Birthday of Charles Darwin (1809), biologist and evolutionary; day to meditate on the unity of science and spirituality. 2/13: Birthday of Mirza Ghulam Ahmad, founder of the Ahmadiyya Muslim Community (1835). He advocated a peaceable form of Islam that rejects violent jihad. 2/13 to 2/14: Mahashivratri—Hindu fast, night vigil, and feast for God-Goddess Shiva-Shakti (union of Will and Power), who dances to create, destroy, and re-create the Universe. Tantric Hindus believe Shiva is within all men and Shakti within all women. 2/13 to 2/15: Lupercalia/St. Valentine’s Day—Old Roman festival of God-Goddess Faunus-Fauna; merged with the Christian feast of St. Valentine—celebrating love of all kinds. 2/14: Sojong Day—Tibetan Buddhist day of fasting, confession, and reparation for harm done. 2/14: Tell your true love how much you love him/her! 2/14 eve to 2/17 eve: Old European Lunar New Year—Celebration of the Triple Goddess (Goddess of the Moon and the Seasons) being transformed from the Crone into the Virgin; celebrated with ritual bathing of divine images. 2/14 to 3/31 (OC 2/19 to 3/30): Ash Wednesday (Pure Monday) and Lent—Christian time of purification by self-reflection, peace-making, reparation for harm done, and helping those in need. Lenten Truce (through Easter). 2/15: Birthday of Susan B. Anthony (1820), non-violent advocate for the rights of women and African Americans. 2/16 to 2/19: Hsih Nien/Suhl/Tet—Chinese and East Asian Lunar New Year (Year 4716: the Dog). 2/16 to 3/2: Losar/Tibetan Buddhist New Year (Year 2145: the Earth Dog) & Monlam Chenmo/Great Prayer Festival—Commemorates miracles performed by the Buddha. Rituals, dances, and sculptures are offered to protect and benefit all sentient beings. 2/17: Toshigoi-Shinto rite honoring the Kami and offering prayers for a bountiful rice harvest. Shinto try to live in harmony with the cosmic forces of the Kami. 2/17 to 2/18: Old Egyptian festival of Neteter Bastet, Cat Goddess who protects the home and fosters domestic harmony. 2/18: Death day of Michelangelo (1564), painter of the Vatican’s Sistine Chapel (where Our Father is shown embracing Our Mother while reaching out to humanity). 2/18: Birthday of Ramakrishna Paramahansa (1836), Hindu mystic who fervently loved Great Goddess Maha Devi—Mother of God, Mother of Nature, Elemental Matter, and Cosmic Power. He recognized Her immanence in all, and knew Her to be a manifestation of the one universal Deity. 2/18: Nazi Resistance Day—Day to honor those who resided Adolph Hitler’s Nazi government during World War II. 2/19: Beginning of Pisces (the Fishes). 2/19: Day President Franklin Roosevelt ordered the internment of loyal Japanese Americans during World War II (1942); day to mourn Asian victims of internment and exclusion (past and present), make peace, and celebrate empowerment of Asian Americans. 2/19 to 2/27: Iqroquis Mid-Winter Ceremony—continuation of all life-sustaining things. Iqroquis believe Awenhai/Sky Woman created the Sun, Moon, and Stars from Her body. 2/20: Social Justice Day—Day to affirm that social justice is a moral imperative, encompassing equal rights, freedoms, and protections under law. 2/21 eve to 2/22 eve: Feast of Old Greek Goddess Artemis—as creatrix, midwife of birthing creatures, protector of the young, and punisher of child abusers. 2/22: Caristia—Old Roman festival for renewing family ties and patching up quarrels. 2/22 (Obs. 2/19): Birthday of President George Washington (1732), who ensured that the military was subordinate to the civilian government. 2/24 eve: Vigil for lost children; night of mourning and healing. 2/25: Children’s Day—Day to give love and thanks to all children; day for all children to celebrate their youth and contemplate their sacred duty to learn all they can, to aid their parents whenever needed, and to become responsible adults. 2/26 to 3/1: Ayyam-i-Ha—Baha’i prepare for the Fast with festivities, gift-giving, and helping those in need. 2/26 eve to 3/1 eve: Antheisteria—Old Greek festival honoring Dionysos as Plouton, God of the Dead, and welcoming the visiting dead from Elysium. 2/26 to 3/2: Holi—Hindu festival celebrating the courting of God Shiva by Goddess Parvati, and the efforts on Her behalf by Kama (God of Love) and Rati (God of Passion). 2/27 eve to 3/1 eve: Jewish fast of Esther and fest of Purim—Recalls a planned massacre of Persian Jews and their deliverance by Queen Esther; time for helping those in need. 2/28: Old Slavic Velja Noc—Spirits of the dead visit their living relatives, overseen by Veles, Lord of the Dead. Morana and Jarilo are born. Veles steals Jarilo and raises him in Virey, realm of the dead.

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February Visible Planets: Morning...Mercury (twilight) (2/1-4), Mars, Jupiter, Saturn. Evening...Venus (twilight) (2/20-28), Uranus, Neptune (2/1-7).
Seasonal Focus: ending of Winter — beginning of Spring
Nature Focus: planting, growth & greening; migration ends; animals begin to give birth
Psychological Focus: renewal, healing, rejuvenation & growth; self control & conquest of aggression

March Visible Planets:
Morning...Mars, Jupiter, Saturn. Evening...Mercury (twilight) (3/1-25), Venus (twilight), Uranus. Conjunction...Venus & Mercury (3/5 & 3/18).
**APRIL**

- **Seasonal Focus:** height of Spring
- **Nature Focus:** warming; growth, greening & flowering; Spring rains
- **Psychological Focus:** renewal, healing, rejuvenation & growth; self control & conquest of aggression

**3/30 eve to 4/7 eve:** Passover/Pesach. **4/1** (OC 4/8): Easter/Pascha—Christian celebration of Lord Jesus’ resurrection by the power of the Holy Spirit. **4/1:** Veneralia—Old Roman festival celebrating Venus (Goddess of Peace) vanquishing Mars (God of War) with love. **4/1:** Vigil for freedom of religion in Iran. **4/1:** Day that same-sex marriage was first legally recognized (2001). **4/2:** Day the Arms Trade Treaty was adopted (2013), to foster peace in areas of conflict and to prevent human rights abusers and law of war violators from obtaining arms. **4/4:** Chinese Buddhist festival of Bodhisattva Kuan Yin; celebrates Her “birth.” She declared women the spiritual equals of men. **4/6:** Day the Hutus began genocidal massacres of Tutsis in Rwanda (1994); vigil for true peace, justice, and respect for the human rights of all in Africa. **4/7:** Mindfulness Day—Zen Buddhist day for being mindful that the joys and suffering of others are your joys and suffering.

- **4/7:** World Health Day—Day to pray for healing of all those chronically and seriously ill; day to advocate for adequate health care for all. **4/7:** Birthday of William Wordsworth (1770), poet and mystic who found connection with Deity while communing with Nature. **4/7:** Birthday of William Ellery Channing (1780), Unitarian who believed all concepts of Deity to be aspects of the one Deity, and preached religious tolerance. **4/8:** Hana Matsuri—Shinto rite honoring the Kami of Flowers. **4/8:** Zen Buddhist celebration of the Buddha’s birth (563 BCE). Buddhists study sacred texts, meditate, pray, chant mantras, and make devotional offerings to the Buddhas and Bodhisattvas. **4/9:** Baha’i feast honoring the one Deity as ‘Ashur—Glory. **4/10:** Dakinis’ Day—Day Tantric Buddhists make offerings to the Dakinis and Mother Tantra; day to unite will and power to manifest positive social change and environmental healing. **4/11:** Day Pope John XXIII called for world peace, recognition of human rights, and justice under law (1963). He recognized that peace will only be realized when social justice is realized. **4/11:** France banned Islamic face coverings, undermining Muslim women’s autonomy and freedom of religious expression (2011). **4/12:** Holocaust Remembrance Day—Day to mourn Jewish victims of genocide and anti-Semitism, make peace, and celebrate empowerment of Jewish Americans—and Jews everywhere. **4/12:** Day Saudi Arabia’s top Islamic authority condemned forced marriage as un-Islamic and banned the practice (2005). **4/12:** Day the first woman was ordained a rabbi in Orthodox Judaism (2006). **4/12 eve:** Laylat al-Mi’raj—Commemorates the night journey of Muslim Prophet Muhammad to heaven. **4/13:** Day the Fishery Conservation and Management Act was enacted (1976); day to give thanks for the fish and seafood we eat. **4/14:** Cetacean Day—Day to honor all creatures of the sea and to meditate on Deity manifesting as sea and sea creatures. **4/14:** Day the Sikh Khalsa was created (1699). Men and women initiated into the Khalsa seek harmony with the Divine through introspection and service to the dispossessed and service to the dispossessed. **4/14 to 4/25:** Old Norse Summer Days Feast—Offerings were made to the Deities (particularly Odin, Thor, and Freyr) for success, peace, and plenty. **4/15:** Name Day of New Moon. **4/15:** Tax Day—Day to give back to the community for the benefits of community. **4/15 to 4/18:** Iroquois Thunder Ceremony—in thanksgiving for the rains. Iroquois believe Awenhai/Sky Woman descended from the Sky and created Earth. **4/17:** Day Cambodia fell to the Khmer Rouge, who caused the deaths of more than a million civilians (1975); vigil for true peace, justice, and respect for the human rights of all in East Asia. **4/18:** Akshay Tritiya—Final day of Jain fast; day of Jain pilgrimage. **4/19 eve to 4/20 eve:** Feast of Old Greek Goddess Aphrodite—Day to honor peace and compassion. **4/20:** Beginning of Taurus (the Bull/Cow/Calf). **4/20:** Beginning of the Gulf of Mexico oil drilling disaster (2010), which showed why oil drilling off the coast is a threat to the environment. **4/20 eve to 4/23 eve (4/21 peak): Lyrid Meteor Showers. **4/21:** Birthday of John Muir (1838), naturalist and conservationist. **4/21 to 4/22 eve:** Feast of Old Greek Goddess Artemis, who represents the feminine in Nature and protects women throughout their lives. **4/21 to 5/2:** Ridvan—Baha’i celebration of Baha’u’llah’s declaration identifying himself as the New Prophet. Ridvan Truce. **4/22:** Earth Day—Day to honor the Earth and to meditate on Deity manifesting as Mother Earth. **4/22:** Day the world’s nations guaranteed asylum to those persecuted in their homelands (1954). **4/23:** Yoruba/Santeria feast of Ogun, Orisha of Self-reliance and Industrious Labor. **4/23:** Day Tibetan Buddhists meditate on Bodhisattva Deities Avalokitesvara and Green Tara, consciousness and empowerment of Compassion. Buddhists recognize the equality of all sentient beings. **4/23 eve to 4/24 eve:** Feast of God Poseidon, Goddess Amphitrine, and all Old Greek Gods and Goddesses of the seas. **4/24:** Day the genocidal massacres of Armenians, Greeks, and Assyrians began in Ottoman Turkey (1915); vigil for true peace, justice, and respect for the human rights of all in Greater Anatolia. **4/26:** Day to take your children to work to teach them the value of self-sufficiency. **4/26:** Beginning of the Chernobyl nuclear disaster (1986), which showed why nuclear power is not a safe energy source. **4/26 to 5/3:** Mayan Rain Festival—honoring Rain God Chac and His attendant Chacmool, and welcoming the fructifying rains. **4/27:** Arbor Day—Day to honor trees, to plant trees, and to meditate on Deity manifesting as trees. **4/27:** Death day of Ralph Waldo Emerson (1882), Transcendentalist Unitarian who believed in equality, self reliance, and the immanence of Deity in humans and in all creatures. **4/28:** Baha’i feast honoring the one Deity as Jamali—Beauty. **4/28:** Birthday of Oskar Schindler (1908), who protected 1200 Jews during the Nazi occupation of Poland. **4/28 eve to 5/3 eve:** Floralia—Old Roman festival devoted to Flora, Goddess of Flowers. **4/29 (8:58 p.m. EDT): Full Moon (Flower/Cor-n-Planting Moon). **4/29:** Day production and use of chemical weapons was outlawed world-wide (1997); day to mourn their victims. **4/30:** Birthday of Hosea Ballou (1771), Deist Universalist who preached that all are Deity’s beloved children. **4/30 eve:** Nisfu Sha’ban—Muslim night of repentance for all harm done. **4/30 eve to 5/2 eve:** Beltaine—Old Celtic/Welsh feast of Blodeuwedd (Godess of Flowers) and Lleu (the Oak King; God of the waxing Sun). **4/30 to 5/4:** Zoroastrian celebration of Divine Spirit Khshathra Vairya, creator and protector of the Sky. Zoroastrians worship the one transcendent and immanent Deity Ahura Mazda, who is symbolized by a sacred fire. **4/30 eve to 5/5 eve:** Mid-Spring/May Day/Walpurgis—Celebrates sacred love and the flowering vegetation by gathering flowers and dancing around a Maypole.
April Visible Planets:
Morning...Mercury (twilight) (4/10-30), Mars, Jupiter, Saturn, Neptune. Evening...Venus (twilight). Conjunction...Mars & Saturn (4/2).

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GODDESS AS WATERS OF LIFE ... GOD AS FRUCTIFYING RAINS

GODDESS AS THE OCEANS, SEAS & RIVERS ... GOD AS THE FISHER KING

GODDESS AS INDOMITABLE VIRGIN ... GOD AS HEROIC YOUTH

GODDESS AS THE DOLPHIN / SPARROW ... GOD AS THE SALMON / ROBIN

April Visible Planets: Morning...Mercury (twilight) (4/10-30), Mars, Jupiter, Saturn, Neptune. Evening...Venus (twilight). Conjunction...Mars & Saturn (4/2).
### MAY

**Seasonal Focus:** Height of Spring

**Nature Focus:** Light & warming; growth, greening & flowering; berry harvest

**Psychological Focus:** Nurturing, peace, love, passion & compassion

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<td>4/21 to 5/2</td>
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<td>4/26 to 5/3</td>
<td>Mayan Rain Festival</td>
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<td>4/28 eve to 5/3 eve</td>
<td>Floraalia. 4/30 eve to 5/2 eve: Beltaine. 4/30 to 5/4: Zoroastrian celebration. 4/30 eve to 5/5 eve: Mid-Spring/May Day/Walpurigis. 5/1: Christian feast celebrating the sacred marriage of Blessed Mary and St. Joseph. 5/1: Law Day—Day to celebrate rule of law (and freedom from rule by force). 5/1: Birthday of Fr. Pierre Teilhard de Chardin (1881), Catholic mystic and evolutionary who experienced the union of consciousness with all Nature. 5/1: Day Pope John Paul II affirmed that capitalism must be tempered by social justice and restrained by human rights and environmental laws (1991). 5/1 to 5/4: Zuni Green Corn Dance—welcoming back the Corn Maidens, who flee the land during the Winter. 5/1 to 5/31: May originally dedicated to Old Roman Goddess Maia; later dedicated to Christian Lady Mary—Co-Redemptrix, Mediatrix, and Advocate. 5/2 eve to 5/6 eve (5/4 peak): Eta Aquarid Meteor Showers. 5/3: Taue Matsuri—Shinto rice-planting festival. 5/3: National Day of Prayer—Day to pray for freedom of religion and separation of religion and government throughout the world. 5/3: World Press Freedom Day—Day to recognize the importance of a free, independent, pluralistic media world-wide, as essential to democracy. 5/4: Birthday of Horace Mann (1796), advocate for universal nonsectarian education. 5/5: Mindfulness Day—Zen Buddhist day for being mindful that everything you do, or fail to do, affects all sentient beings. 5/5: Cinco de Mayo—Day celebrating Mexico’s victory over occupying French forces; day to mourn Hispanic victims of exploitation (past and present), make peace, and celebrate empowerment of Hispanic Americans. 5/6: Shepherd’s Day—Day to meditate on Deity as Lord of Animals. 5/7 to 5/9: Rogation Days—Christian days of prayer for bountiful crops, sustainable development, and healing of environmental abuses. 5/8: Christian feast of St. Julian of Norwich (d. 1419), mystic who believed Deity to be Father and Mother, everywhere in everything. 5/9: Day the world’s nations committed to reducing greenhouse gas emissions, which are causing climate change (1992); day to mourn the failure to reduce these emissions. 5/10 (OC 5/17): Ascension Day—Christian feast marking Lord Jesus’ ascension into Heaven. 5/10: Death day of Theodore Parker (1860), Unitarian slavery abolitionist and social justice activist. 5/12: Spring Migratory Bird Day. 5/12: Day the first woman was ordained a rabbi in Reconstructionist Judaism (1974). 5/12 eve: Vigil for lost mothers; night of mourning and healing. 5/13: Mothers’ Day—Day to give love and thanks to all mothers; day for all mothers to celebrate motherhood and contemplate their sacred duty to provide for the physical, intellectual, emotional, and spiritual needs of their children. 5/13: Day the Humanist Manifesto was published (1933). It exhorts people to affirm life, not deny it; engage life, not flee from it; and work toward the happiness of self and all. 5/14 (Obs. 4/19): Israel’s Independence Day (1948). Israel’s founding document promises ethnic, religious, and gender equality. 5/15 (7:48 a.m. EDT): New Moon. 5/15: Yoruba/Santeria feast of Ochosi, Orisha of Animals. 5/15: Family Day. 5/15 to 5/18: Iroquois Corn-Planting Ceremony—in thanksgiving for the corn seed. 5/15 eve to 6/14 eve: Ramadan–Muslim month of purification by self-reflection, fasting from sunrise to sunset, peace-making, and helping those in need. 5/16 eve to 5/18 eve: Ramadan Truce (through Eid al-Fitr). 5/17: Baha’i feast honoring the one Deity as ‘Azmatt–Grandeur. 5/17: Day the Supreme Court concluded that ethnic-based segregation of schools violates the U.S. Constitution (1954). 5/18: Feast of Old Greek God Pan, who represents the masculine in Nature and protects men throughout their lives. 5/18: Endangered Species Day—Day to advocate for preservation of endangered species and their habitats. 5/18 eve to 5/19 eve: Feast of Old Greek Deities Aphrodite and Eros—Day to honor love and passion. 5/19: Old Celtic/Irish feast in which sacred healing wells and springs were adorned with flowers in honor of Goddess Brigid, daughter of Mother Goddess Danu and Father God Dagda. 5/19: Day the first woman was ordained a rabbi in Reconstructionist Judaism (1974). 5/19 eve to 5/21 eve: Shavuot/Feast of First Fruits–Jewish festival of thanksgiving for the first fruits of the grain harvest. Originally, loaves of bread were offered to Elohim. 5/20 (OC 5/27): Pentecost/Whitsunday—Christian feast celebrating the descent of the Holy Spirit upon the male and female disciples of Lord Jesus; honors Her as the Paraclete, Grace, Wisdom, Justice, and Providence. 5/20: Day the Supreme Court concluded that, under the U.S. Constitution, freedom of religious belief is absolute, but the freedom to act on that belief is subject to nondiscriminatory laws intended to promote public safety and health (1940). 5/20: Day the Supreme Court recognized that discrimination against lesbians and gays violates the U.S. Constitution (1996). 5/21: Beginning of Gemini (the Twins/Lovers/Partners). 5/21: Cultural Diversity Day. 5/21: Death day of Jane Addams (1935), social worker, feminist, and peace advocate. 5/22: Biological Diversity Day—Day to recognize that the survival of the human race is dependent on the survival of the many diverse species on the Earth. 5/22: Vigil for peace, justice, and respect for the human rights of all in Yemen, in the throes of civil war. 5/23: Birthday of Margaret Fuller (1810), Transcendentalist and feminist who argued that women, as well as men, have immortal souls. 5/24 eve to 5/25 eve: Remembrance day for Khadijah bint Khuwaylid (d. 619 or 623). Mother of Islam—first convert to Islam, partner of Prophet Muhammad in monogamous marriage, mother of Fatimah, and liberated businesswoman. 5/25: Day Pope John Paul II reaffirmed the Catholic Church’s commitment to ecumenism (1995). 5/27: Trinity Sunday—Christian celebration of the one universal Deity as Holy Heavenly Father, Holy Spirit Mother, and Holy Christ Child. 5/27: Birthday of Rachel Carson (1907), biologist who began the environmental movement. 5/28: Memorial Day—Day to honor all soldiers who fought honorably and died in war, to mourn all of war’s victims, and to contemplate all the horrors of war. 5/29 (10:20 a.m. EDT): Full Moon (Rose/Berry Moon). 5/29: Saga Dawa Duchen–Tibetan Buddhist festival celebrating the birth, enlightenment, and parinirvana of Buddha Siddhartha Gautama (543-483 BCE). 5/29: Vigil for peace, freedom of religion, and respect for the human rights of all in Nigeria. 5/29: Death day of Baha’i Prophet Baha’u’llah (1892). Baha’u’llah believed Deity to be male, female, and beyond gender. 5/31 (or 6/3): Corpus Christi–Christian day for veneration of Christ Immanuel in the Host–divine immnance in the grain. 5/31: Christian feast of Our Lady, Queen of Heaven. 5/31 eve: Vigil for lost spouses/partners; night of mourning and healing. 5/31 eve: Creation Spirituality Path: via creativa (the creating way — pursuing creative inspiration &amp; action) 5/31 eve: Kabbalistic Focus: Rahamin (Daughter Heh; Tiphareth) (f): Love, Compassion &amp; Mercy; the Beauty of Nature</td>
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Seasonal Focus: ending of Spring — beginning of Summer
Nature Focus: light, heat & ripening; berry harvest
Psychological Focus: nurturing peace, love, passion & compassion

JUNE

6/17: Day a fatwa condemned “honor killings” as un-Islamic and banned the practice (2002).
6/18: Day Pope Francis challenged the world to make the necessary changes in lifestyle to avoid climate change and its expected harm (2015).
6/20: World Refugee Day—Day to recognize the plight of the millions of people who, because of persecution, war, or environmental disaster, have become fugitives. 
6/20 to 6/21: Feast of the Great Spirit/Great Mystery that encompasses Mother Earth and Father Sky—Honoring Deity as Orenda (Iroquois), Wakan Tanka (Lakota) and Auenwailona (Zuni).
6/20 to 6/23: Lakota Sun Dance—Festival of prayer, fasting, dancing, and healing in honor of Sun God Wi; offerings are also made to Matki/Mother Earth and Haakah/Father Sky. Lakotas believe all Deities are aspects of Creator Takuskanskan.
6/21 (6:07 a.m. EDT): Summer Solstice—Marks the beginning of Summer and the longest day and shortest night of the year; celebration of the light.
6/21: Old Slavic Kupala–Goddess Morana and God Jarilo marry, bringing peace and ensuring a good harvest.
6/21: Day Tibetan Buddhists meditate on Bodhisattva Goddess Red Tara, protector against evil and harm.
6/21: Beginning of Cancer (the Crab/Scorpio).
6/21: Taoist festival honoring Shang-Ti/Heavenly Emperor, Father of Justice and Law, and manifestation of the Te (Virtuous Inner Power). Also celebrates the peak of the masculine Yang half of the year and the Shen of Fire, South, and Summer; prayers are made for strength and maturity, and offerings are made to the ancestors.
6/21: Yoga Day—Day to commit to daily stretching for physical and mental health.
6/24 to 6/27: Zuni Corn Dance—for fertility and rains to aid the maize, bean, and squash crops.
6/25: Day the first woman was ordained a Universalist minister in the U.S. (1863).
6/25: Day the Supreme Court recognized that government-sponsored prayer in public schools imposes religion on students and violates the U.S. Constitution (1962).
6/26: Day the U.N. Security Council was created to maintain world peace (1945).
6/26: Day torture and other cruel, inhuman, or degrading treatment or punishment were outlawed world-wide (1987); day to mourn their continued existence.
6/28 (12:53 a.m. EDT): Full Moon (Red/Mother Moon).
6/29: Day Tibetan and Mahayana Buddhists do good deeds and chant the name of Buddha God Amitabha to gain entry to His Pure Land and aid in attaining nirvana. 
6/29: First day of the Stonewall riot (1969); day to mourn victims of homophobia (past and present), make peace, and celebrate lesbian and gay empowerment.
6/29 to 7/3: Zoroastrian celebration of Divine Spirit Haurvatat, creator and protector of water.
6/30: Obarai/Grand Purification Festival–Shinto rite exorcising evil from the world. 
6/30: Vigil for peace, religious freedom, and respect for the human rights of all in Sudan.
### June Visible Planets:


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**Goddess as Comforter & Protector ... God as Challenger & Liberator**

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**Goddess as the Full Moon ... God as the Sun at its Apex**

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**Goddess as the Mountains & Winds ... God as the Desert & Heat**

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**Goddess as Mother & Wife ... God as Father & Husband**

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**Goddess as the Lioness / Swallow ... God as the Lion / Eagle**

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Seasonal Focus: height of Summer
Nature Focus: light, heat & ripening; berry & vegetable harvest; Summer storms
Psychological Focus: fullness, fruition & fulfillment — avoiding attachment to possessions, wealth, power & fame

7/29 to 7/3: Zoroastrian celebration. 7/1: Day the world’s nations committed to stop proliferation of nuclear weapons (1968); vigil to protest the production and use of all nuclear weapons world-wide. 7/1: Day endangered species became internationally protected (1975); day to celebrate all the world’s creatures. 7/1: Day the International Criminal Court came into being to prosecute those who commit acts of genocide, crimes against humanity, international terrorism, and war crimes (2002). 7/2: Visitation Day—Christian feast marking St. Elizabeth’s recognition of Blessed Mary’s divine destiny as catalyst for human liberation and redemption. 7/2: Day discrimination on the basis of ethnicity, gender, and religion was prohibited in public accommodations, employment, and education (1964). 7/4: U.S. Independence Day—Day to celebrate the right of all peoples to exercise peaceful, democratic self-determination. 7/4: Death day of Thomas Jefferson (1826), who ensured that the U.S. Constitution would protect basic rights and liberties. A Deist, he practiced a religion that was based on Nature, reason, and ethics. 7/6 (1:00 p.m. EDT): Earth Aphelion—when the Earth is farthest from the Sun. 7/6: Birthday of Tenzin Gyatso, the 14th Dalai Lama. 7/7: Tanabata—Shinto rite honoring the Kami of the Stars. 7/7: Mindfulness Day—Zen Buddhist day for being mindful that alienation and hunger for possessions results from ignorance of interconnectedness. 7/9: Vigil for peace, justice, democratic government, and respect for the human rights of all in South Sudan. 7/10: Day the World Union for Progressive Judaism was founded to promote progressive values within Judaism (1926). 7/10: Day Pope John Paul II acknowledged the evil of sexism and apologized for the Catholic Church’s past oppression of women (1995); day to mourn the continued subordination of women by the Church. 7/11: World Population Day—Day to meditate on the social and environmental costs of overpopulation. 7/11: Day Srebrenica, Bosnia, fell to attacking Serbs (1995), beginning a massacre of thousands of civilians because of their ethnicity and religion; vigil for true peace, justice, religious tolerance, and respect for the human rights of all in the Balkans. 7/12 (10:48 p.m. EDT): New Moon. 7/12: Day to meditate on the social costs of climate change. 7/12: Anniversary of the Battle of the Boyne (1690); vigil for true peace, justice, religious tolerance, and equal rights for all in Northern Ireland. 7/12: Birthday of Henry David Thoreau (1817), Transcendentalist and naturalist who believed in individualism and living simply in harmony with Nature. 7/12 to 7/19: Iroquois Green Bean Ceremony—in thanksgiving for the bean harvest; celebrated with tobacco offerings, singing, drumming, dancing, and feasting. 7/13: Baha’i feast honoring the one Deity as Kalimat—Sacred Words. 7/13 to 7/15: Obon—Zen Buddhist festival honoring departed ancestors. 7/14: Old Egyptian birthday feast of Neter Osiris—partner and true love of Isis, and father of Horus; guide of all husbands, fathers, and judges. 7/14 to 7/25 (7/19): Old Norse/Icelandic Mid-Summer Althingi—Community gathering for democratic decision making. Fresei and Tyr, Gods of Justice and Self-Sacrifice, were honored. 7/14 eve to 8/19 eve (7/28 peak): Delta Aquarid Meteor Showers. 7/15: Secular Humanism Day—Day to celebrate all life-affirming humanist, rationalist, and scientific belief systems. 7/16: Chokhor Duchen—Tibetan Buddhist celebration of the Buddha’s first teaching. The Buddha taught an Eightfold Path to enlightenment—right understanding, right thought, right speech, right action, right livelihood, right effort, right mindfulness, and right concentration. 7/16: Birthday of Mary Baker Eddy (1821), founder of Christian Science, who honored Deity as Father-Mother God. 7/17: Old Egyptian birthday feast of Neteret Isis—partner and true love of Osiris, and mother of Horus; guide of all wives, mothers, healers, advocates, and teachers. 7/17: Day to mourn the excessive use of force by police officers; day to mourn racism in law enforcement. 7/18: Day South Africa’s apartheid was internationally outlawed (1976); birthday of Nelson Mandela, non-violent anti-apartheid activist (1918). 7/19: Day women demanded recognition of their equality to men in the legal, political, economic, religious, and domestic spheres (Seneca Falls, New York 1848). 7/19 to 8/1: Old Egyptian festival marking the return to Egypt of Neteret Isis, Neter Osiris, and the rains that inundate the Nile River. 7/20: Day Tibetan Buddhists meditate on and emulate Bodhisattva Goddess Red Tara’s conquest of fear and anger. 7/21 eve to 7/22 eve: Tish’a B’Av—Jewish fast day mourning the destruction of the Temples in Jerusalem dedicated to Elohim. 7/22: Christian feast of St. Mary Magdalene, disciple and priestess—Savior Jesus made her His priestess by purifying her seven times; she anointed Him in preparation for His sacrifice and witnessed His torture, death, and resurrection. 7/23: Beginning of Leo (the Lion/Lioness). 7/23: Mayan Sun Festival—honoring Sun God Ahau Kin; celebrated with devotional offerings of food, song, prayer, and a ritual procession that symbolically travels to the four quarters of the Universe. 7/23: Vigil for peace, democratic government, freedom of religion, and respect for the human rights of all in Egypt. 7/24: Day that aggressive war was outlawed and the right to defend victims of aggression was recognized world-wide (1929). 7/24 to 7/31: Chinese Buddhist festival of Kuan Yin, Supreme Goddess of Nature and Perfect Buddha of many emanations; celebrates Her enlightenment and Her bodhisattva vow to help all sentient beings. 7/26: Birthday of St. Anna, mother of Blessed Mary and grandmother of Blessed Jesus; guide of grandmothers and elderly women. 7/26: Birthday of Dr. Carl Gustav Jung (1875), founder of archetypal psychology, which explores universal concepts of Deity and their relation to the individual psyche. 7/26: Day discrimination against the disabled was prohibited in public accommodations and employment (1990); day to celebrate empowerment of the disabled. 7/27 (4:20 p.m. EDT): Full Moon (Grain/Harvest/Thunder Moon). 7/27: Vigil for true peace on the Korean peninsula. 7/28: Day the U.S. Constitution’s 14th Amendment went into effect, guaranteeing due process and equal protection of the law to all (1868). 7/28 eve to 7/29 eve: Synnokia—Old Greek festival celebrating the peaceful cooperation of states. Offerings were made to Aphrodite and Eirene, Goddesses of friendship and peace. 7/29 eve to 8/17 eve (8/12 peak): Perseid Meteor Showers. 7/30: Friendship Day. 7/31 eve to 8/2 eve: Lughnasadh—Old Celtic/Irish Feast of Goddess Tailtu and God Lugh (Deities of Sustenance and Light). 7/31 eve to 8/7 eve: Mid-Summer/First Harvest/Lammas—Festival of thanksgiving for the first of the grain harvest; celebrated by offering the first fruits of the grain harvest and prayers for sustenance for all.

JULY
July Visible Planets: Morning...Mars (7/1-27), Uranus, Neptune. Evening...Mercury (twilight), Venus (twilight), Mars (7/27-31), Jupiter, Saturn. All Night/Opposition...Mars (7/27).
Seasonal Focus: height of Summer
Nature Focus: light, heat & ripening; vegetable, fruit & grain harvest; Summer storms
Psychological Focus: fullness, fruition & fulfillment — avoiding attachment to possessions, wealth, power & fame

AUGUST

Psychological Focus:fullness,fruition &fulfilment—avoidingattachmenttopossessions,wealth,power&fame

7/14 eve to 8/19 eve: Delta Aquarid Meteor Showers. 7/29 eve to 8/17 eve (8/12 peak): Perseid Meteor Showers. 7/31 eve to 8/2 eve: Lughnasadh. 8/7 eve to 8/17 eve: Mid-Summer/First Harvest/Lammas. 8/1: Bahá’í feast honoring the one Deity as Kumal—Perfection. 8/1: Day the production and use of cluster munitions was outlawed world-wide (2010); day to mourn their victims. 8/2: Feast of the Black Madonna. 8/3: Day to mourn the practice of mountaintop removal mining. 8/4: Mindfulness Day—Zen Buddhist day for being mindful that desire for power over others results from ignorance of interdependence. 8/4 to 8/7: Zuni Corn Dance—in thanksgiving to Mother Earth, the Koko (Nature Spirits), and the Corn Maidens for the maize harvest. 8/4 eve to 8/10 eve: Panathenaea—Old Greek festival of Goddess Athena—as daughter of Wisdom (Goddess Metis) and font of reason. 8/5: Death day of Rabbi Isaac Luria (1572), Kabbalistic mystic. He taught that the Shekhinah will restore cosmic order with the reunification of the Godhead. 8/6 (OC 8/19): Transfiguration Day—Christian feast celebrating the revelation of Lord Jesus as the Cosmic Christ and friend to all humanity. 8/6: Day to mourn those harmed by the atomic bomb attacks on Japan (1945); day to advocate for world-wide prohibition of all weapons of mass destruction. 8/6: Day the Voting Rights Act became law (1965)—register to vote! 8/6 to 8/7: Old Egyptian festival of Neter Thoth, God of Knowledge and Wisdom. 8/7: Gaia Consciousness Day—Day to meditate on Mother Earth as a living planet. 8/8: Vigil for continuing progress in Burma’s democratic evolution, religious tolerance, and respect for human rights. 8/8: Day to mourn fracking’s exemption from regulatory control (2005). 8/8: World’s Indigenous Peoples’ Day—Day to celebrate the empowerment of indigenous peoples world-wide; vigil for justice and respect for the social, cultural, and political rights of all indigenous peoples. 8/10: Remembrance day for Nicholas of Cusa (d. 1464), Christian mystic who believed all Creation to be the unfolding of Deity. 8/10 eve to 9/9 eve: Elul-Jewish month of self-reflection, peace-making, and renewal. Elul-Rosh Hashanah Truce (through Yom Kippur). 8/11 (5:58 a.m. EDT): New Moon. 8/11: Christian feast of St. Clare of Assisi (d. 1253), guide of environmentalists. 8/11 to 8/17: Iroquois Green Corn Ceremony—in thanksgiving for the maize harvest. 8/12: Day Pope Pius XII proclaimed the theory of evolution to be consistent with Catholic teaching and Christian faith (1950). Pope John Paul II and Pope Francis concurred. 8/13: Birthday of Lucy Stone (1818), social worker and non-violent advocate for women’s rights. 8/15: Kaza Matsuri—Shinto rite honoring the Kami of Wind. 8/15 (OC 8/28): Assumption Day—Christian feast commemorating the Blessed Mother Mary rising into Heaven and being crowned Queen of Heaven and Earth. 8/15: Day Japan surrendered to the Allies, ending World War II in the Pacific (1945). 8/15: Day India was partitioned into India and Pakistan, and Kashmir joined India over Pakistan’s objection (1947); vigil for true peace, justice, and religious tolerance for all in South Asia. 8/16 eve to 8/17 eve: Feast of Old Greek Goddess Artemis—as defender of rights and liberties, and punisher of rapists and oppressors. 8/17: Vigil for peace, justice, religious tolerance, and respect for the human rights of all in Indonesia. 8/17: Birthday of Rabbi Zalman Schachter-Shalomi (1924), founder of the Jewish Renewal Movement. The Jewish Renewal Movement seeks to fully embrace modernism, egalitarianism, environmentalism, pacifism, and deep ecumenism. It incorporates traditional prayer, meditation, joyous chant, and ecstatic dance. 8/17 eve to 8/24 eve: Hajj—Muslim pilgrimage to Mecca to honor Allah. Hajj Truce (through Eid al-Adha). 8/18: Day Islamic leaders declared that Muslims have a religious duty to fight climate change (2015). 8/19: Vinalia—Old Roman festival of thanksgiving for the first of the grape harvest; celebrated by offering the first fruits of the grape harvest and prayers for sustenance for all. 8/19: World Humanitarian Day—Day to honor humanitarian workers world-wide, particularly those who have lost their lives in service to others; day to aid those in need. 8/20: Dakas’ Day—Day Tantric Buddhists make offerings to the Dakas and Father Tantra; day to unite will and power to manifest positive social change and environmental healing. 8/20: Bahá’í feast honoring the one Deity as Asma’—Sacred Names. 8/20 eve to 8/23 eve: Eid al-Adha—Muslim festival of sacrifice to Allah for the good of all. 8/21: Day to mourn the Syrian military’s attacks on Syrian civilians with banned chemical weapons (2013). 8/22: Christian feast of Our Lady, Queen of Angels. 8/22 eve to 8/23 eve: Old Greek festival honoring Athena and Zeus as protectors of city and state. 8/23: Beginning of Virgo (the Grain Maiden/Man). 8/23: Feast of the Furies—honoring Nemesis and the Erinyes, Old Greek Goddesses who punish murderers, abusers, and exploiters of others. 8/24: Vigil for peace, democratic government, freedom from external interference, and respect for the human rights of all in Ukraine. 8/25: Old Roman festival of Goddess Ops, Lady of the Cornucopia, Bounty of the Harvest, and Sustainer of Life. 8/25: Birthday of Kenneth Patton (1911), who believed Unitarian Universalism to encompass all world religions, not just Christianity and humanism. U.U.s believe reason, conscience, and experience reveal one’s spiritual path. 8/26 (7:56 a.m. EDT): Full Moon (Harvest Moon). 8/26: Day the U.S. Constitution’s 19th Amendment went into effect, recognizing women’s right to vote (1920). 8/27: Birthday of Rabbi Yisrael Ben Eliezer (Israel Baal Shem Tov) (1698), Kabbalistic mystic and founder of Hasidic Judaism. He believed that the whole Universe and all things are manifestations of Deity and that nothing can be separated from Deity. 8/27: Birthday of Mother Teresa (Agnes Gonxha Bojaxhiu) (1910), Catholic nun who served the poorest of the poor and saw Deity in each person. She witnessed her faith by example, rather than by proselytizing, and respected those of other faiths. 8/28: Day of Rev. Martin Luther King, Jr.’s peaceful march on Washington, D.C., for recognition of the rights of African Americans (1963). 8/28: Opening of the Second World Parliament of Religions (1993), attended by members of all the world’s religions. A Global Ethic was adopted that condemns hatred, aggression, oppression, and environmental abuses committed in the name of religion. 8/29: Vigil to demand an end to all nuclear testing to ensure a safer more peaceful world. 8/29: Birthday of Henry Bergh (1811), non-violent advocate for animal rights; day to advocate for laws protecting animals from abuse. 8/31: Remembrance day for Tahiri (d. 1852), feminist, poet, scholar, and preacher of the nascent Bahá’í Faith. Bahá’ís recognize gender equality.

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**GODDESS AS MOTHER NATURE ... GOD AS FATHER TIME**

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**GODDESS AS DEFENDER OF RIGHTS & LIBERTIES ... GOD AS THE EQUALIZER**

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**GODDESS AS EARTHQUAKES & VOLCANOES ... GOD AS HURRICANES & THUNDERSTORMS**

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**GODDESS AS EVERGREEN FORESTS ... GOD AS DECIDUOUS WOODLANDS**

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**GODDESS AS THE HIND / WILD BIRDS ... GOD AS THE STAG / WILD ANIMALS**

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*August Visible Planets:* Morning...Mercury (twilight) (8/17-31), Uranus, Neptune. Evening...Venus (twilight), Mars, Jupiter, Saturn.
SEPTEMBER

- Seasonal Focus: ending of Summer — beginning of Autumn
- Nature Focus: ripeness; vegetable & fruit harvest
- Psychological Focus: fullness, fruition & fulfillment — avoiding attachment to possessions, wealth, power & fame

8/10 eve to 9/9 eve: Elul. 9/1: Mindfulness Day—Zen Buddhist day for being mindful that harm to the Earth and sentient beings results from ignorance of interdependence. 9/1: Day to commit to lifestyle changes to stop extinction, pollution, and climate change. 9/2 to 9/3: Sri Krishna Jayanti—Birthday of Hindu God Krishna, beloved of Goddess Radha. 9/3: Labor Day—Day to reflect on the value of ethical, meaningful employment. 9/3: Day gender discrimination was outlawed world-wide (1981); day to mourn all manifestations of sexism. 9/6: Birthday of Efua Dorkenoo, mother of the global movement to end FGM (1949). 9/6: Day Latin American Catholic Bishops espoused Liberation Theology (1968). They believed that the Gospel requires Christians to aid the poor and oppressed in the struggle for economic and social justice. 9/7 to 9/13: Paryusana—Jain festival of recitation of holy scripture, fasting, self-discipline, introspection, and reserve. 9/8/OC9/21: Birthday of Blessed Mary, catalyst of liberation and redemption. 9/8: Baha’i feast honoring the one Deity as ‘Izzat—the Almighty. 9/8/9: Animal Day—Day to honor all creatures of the land and to meditate on Deity manifesting as animals. 9/8: Death day of Mother Ann Lee (1784), mystic and founder of the Shakers, who worshipped with ecstatic dance and song, and believed Deity to be Father, Son, Mother, and Daughter. 9/8 eve: Vigil for lost grandparents; night of mourning and healing. 9/9/2:01 p.m. EDT: New Moon. 9/9: Grandparents’ Day—Day to give love and thanks to all grandparents; day for all grandparents to celebrate their age and contemplate their sacred duty to share their wisdom with the young. 9/9: Christian feast of St. Joachim, father of Blessed Mary and grandfather of Blessed Jesus; guide of grandfathers and elderly men. 9/9 eve to 9/11 eve: Rosh Hashanah/Jewish New Year (Year 5779)—Commemorates Creation of the World by Elohim, the one universal Deity; begins ten days of self-examination and penitence for harm done. 9/10: Birthday of Thomas Thayer (1812), Universalist who believed Deity to be at work in evolution and continuing Creation. 9/10 eve to 9/20 eve: Muharram/Muslim New Year (Year 1440) & A’ashurah. The Five Pillars of Islam are confession, prayer, alms-giving, fasting, and pilgrimage. 9/11: Day to mourn all victims of terrorism. 9/12 to 9/16: Zoroastrian celebration of Divine Spirit Spenta Armaiti, creator and protector of Earth. 9/13: Day to mourn the subjection of women in the U.S. to gender-based violence. 9/13/9: Day Israelis and Palestinians committed to peaceful coexistence (1993); vigil for true peace, justice, and religious tolerance for all in the Middle East. 9/13 to 9/24: Ganesha Chaturthi—Hindu festival honoring God Ganesha as the Challenger—creator and remover of obstacles. 9/14: Birthday of Margaret Sanger (1883), non-violent advocate for education, autonomy, and responsibility concerning sexuality, reproduction, and birth control. 9/15: Democracy Day—Day to celebrate democratic systems of government throughout the world. 9/15: International Coastal Cleanup Day. 9/16: Ozone Preservation Day—Day to recognize that the survival of humanity is dependent on preservation of the ozone layer. 9/17: Christian feast of St. Hildegard von Bingen (d. 1179), mystic who sang praises to the Holy Spirit as Grace and Wisdom, and found Her everywhere in Nature. 9/17: Constitution Day—Day the U.S. Constitution was signed (1787), ensuring that the U.S. would be a democracy governed by the rule of law. 9/17 to 9/23: Green Building Week. 9/18 eve to 9/19 eve: Yom Kippur/ Day of Atonement—Jewish day of fasting, prayer, reconciliation, and making reparation for harm done. 9/19: Appearance of Our Lady of La Salette, Mother of the Harvest (France 1846). 9/21: International Day of Peace—Day to demonstrate for peace with justice throughout the world. 9/21 eve to 9/22 eve: Demokratia—Old Greek festival celebrating democracy, constitutional government, and justice under law. 9/22 (9:54 p.m. EDT): Autumn Equinox—Marks the beginning of Autumn and point of equal daylight and darkness; celebrates the bounty of Mother Earth. 9/22: Old Slavic Dozhinki—At the end of the grain harvest, God Jarilo betrays Goddess Morana. Her anger and sadness causes the world to become dark, cold, and dead. 9/22: World Car-Free Day—Walk, bike, or take mass transit everywhere! 9/22/2: Day the world’s nations committed to protecting the sky’s ozone layer from harmful chemicals (1988); day to mourn continuing air pollution. 9/22 to 9/23: Coya Rayni—Inca festival honoring Moon Goddess Quilla; focus is on purging sickness and evil. 9/22 eve to 10/1 eve: Greater Eleusinian Mysteries—Old Greek festival recalling Goddess Demeter’s search for Her missing daughter Kore. 9/23: Beginning of Libra (the Scales of Lady Justice). 9/23: Taoist festival honoring the Shen of Winds, West, and Autumn; thanksgiving is made for the harvest. Taoists believe the unity of Yin (Eternal Feminine) and Yang (Eternal Masculine) make up the psyche-matter-energy of the eternal all-encompassing Chi. 9/23: Akii-no-Higan—Day Japanese Buddhists mark the time of change by meditating on the impermanence of life. 9/23: Vigil for freedom of religion in Saudi Arabia. 9/23 eve to 9/30 eve: Sukkot/Feast of Ingathering—Jewish thanksgiving for the fruit harvest. Originally, a dance procession was made to vineyards and wine was offered to Elohim. 9/24 (10:53 p.m. EDT): Full Moon (Indigo/Wise-Crone Moon). 9/24: Yoruba/Santeria feast of Obatala, Orisha of Peace and Justice. 9/24 to 10/2: Navajo Sing—Festival in thanksgiving for the harvest. 9/25: Old Egyptian festival of Neter Amen-Ra-Alem, the Great God, and Neteret Amenet-Ra-Mut, the Great Goddess. 9/25: Day Pope Francis called for Christian evangelizing to focus on service to humanity (2014). 9/27: Baha’i feast honoring the one Deity as Mashiyat—Divine Will. 9/28: Indigenous Peoples’ Day—Day for honoring Native Americans and their life-affirming spiritual traditions. 9/28: Birthday of Confucius (K’ung Fu-Tzu) (551 BCE). He taught that societal harmony could be realized when individuals acted with loving care for family, concern for friends and neighbors, benevolence to strangers, and respect for all. 9/28: Good Neighbor Day. 9/29: Feast of Michael, Angel of Protection, and Uriel, Angel of Justice. 9/29: National Estuaries Day—Celebrate the beauty and life that lives where rivers meet the sea. 9/30: Birthday of Efua Dorkenoo, mother of the global movement for human rights. 9/30: Christian feast of Hagia Sophia (Holy Wisdom), Soul of the Universe. 9/30: World Rivers Day—Immerse yourself and feel the flow of life. 9/30: Birthday of Jalal ad-Din Rumi (1207), Sufi saint and poet. He believed the soul to be one with Deity. 9/30: Birthday of Elhanan Winchester (1751), Universalist who exhorted people to lives of personal ethics and social reform. 9/30 eve to 10/1 eve: Shemini Atzeret.
September Visible Planets:
Morning...Mercury (twilight) (9/1-11), Uranus, Neptune (9/1-7). Evening...Venus (twilight), Mars, Jupiter, Saturn, Neptune (9/7-30). All Night/Opposition...Neptune (9/7).

GODDESS AS ETERNAL LIFE ... GOD AS SUSTAINER OF LIFE
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GODDESS AS THE CORNUCOPIA ... GOD AS DIVINE HARVEST
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GODDESS AS THE WANING MOON ... GOD AS THE SETTING SUN
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GODDESS AS NURSING MOTHER ... GOD AS THE GRAIN & THE GRAPE
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GODDESS AS THE COW ... GOD AS THE BULL & CALF

September Visible Planets: Morning...Mercury (twilight) (9/1-11), Uranus, Neptune (9/1-7). Evening...Venus (twilight), Mars, Jupiter, Saturn, Neptune (9/7-30). All Night/Opposition...Neptune (9/7).
**Seasonal Focus: height of Autumn**
**Nature Focus: cooling; leaves changing; completion of harvest; migration begins**
**Psychological Focus: letting go & endings; purging anger & hurt, hate & fear, greed & egoism**

* 9/24 to 10/2: Navajo Sing.
* 9/30 eve to 10/1 eve: Shemini Atzeret/Feast of Assembly–Jewish festival of praise and thanksgiving for life-giving rain.
* 10/1: Vigil for freedom of religion in China.
* 10/1 eve to 10/2 eve: Simchat Torah/Rejoicing with the Torah festival celebrating the Torah.
* 10/1 to 10/7: World Wildlife Week–Time to celebrate wildlife in all its diversity.
* 10/2: Feast of the Guardian Angels; day to honor one's personal guardian and guide.
* 10/2: Non-Violence Day–Day to assess your exposure to violence in all its forms and to purge it from your life.
* 10/2: Birthday of Mahatma Mohandas Gandhi (1869), Hindu advocate for human rights and self-reliance, who practiced active non-violent resistance to injustice. Gandhi envisioned a world where women and untouchables would be empowered and respected, and where members of all faiths would live harmoniously together.
* 10/3: Have your kids start hiking or bike to school every day for their health and the health of the planet!
* 10/4: Yoruba/Santeria feast of Orunmila, Orisha of Wise Counsel and Protection.
* 10/4: Christian feast of St. Francis of Assisi (d. 1226), and Animal Blessing Day.
* 10/4 to 10/7: Tewa Deer Dance–celebrating the cosmic duality of feminine and masculine. The Tewa recognize gender equality and honor both male and female ancestors.
* 10/5: Day honoring Zen Buddhist philosopher Bodhidharma (470-543), who believed one could attain Buddhahood by realizing one’s own Buddha nature.
* 10/6: Mindfulness Day–Zen Buddhist day for being mindful that fear and hatred of others results from ignorance of interconnectedness.
* 10/6 eve to 10/7 eve: Old Greek festival honoring Gaia and the Nymphs (the male and female Spirits of Nature).
* 10/7: Vigil for peace, justice, and respect for the human rights of all in Afghanistan.
* 10/8 (11:47 p.m. EDT): New Moon.
* 10/8 eve: Old European feast of the Triple Goddess (Goddess of the Moon and the Seasons), marking the transformation of the Mother into the Crone.
* 10/8 to 10/11: Iroquois Squash Ceremony–in thanksgiving for the squash harvest.
* 10/9: Vigil for peace, justice, and respect for the human rights of all in Uganda.
* 10/9: Day to mourn the Pakistani Taliban’s attempted assassination of a 15-year-old girl because she advocated for the education of girls (2012).
* 10/10 to 10/19: Navaratri/Durga Puja–Hindu festival of Great Goddess Maha Devi as Durga, Protector of the Powerless; celebrates Her destruction of evil and restoration of cosmic order.
* 10/10: Day of remembering Eleanor Roosevelt (1884), advocate for world-wide recognition of the rights of all.
* 10/11: Opening of Vatican II Council, during which the Catholic Church committed to ecumenism, freedom of religion, and social justice (1962).
* 10/12 (Obs. 10/8): Columbus Day–Commemorates Europeans’ colonization of America (1492); day to mourn Native American victims of conquest and oppression (past and present), make peace, and celebrate empowerment of Native Americans.
* 10/12: Day the first woman was ordained a Methodist minister in the U.S. (1880).
* 10/12 to 10/16: Zoroastrian celebration of Divine Spirit Ameretat, creator and protector of vegetation.
* 10/13: Fall Migratory Birdday.
* 10/13: Final appearance of Our Lady of Fatima, Lady of Lourdes and Miracles (Portugal 1917).
* 10/14 eve to 10/15 eve: Prorosia–Old Greek festival in which fruits of all the harvest were offered to Goddess Demeter.
* 10/14 to 10/28 (10/27): Old Norse Winter Nights Feast–The ancestors were remembered and offerings were made to the Deities (particularly the Norns, Freyja, and the Disir) to survive the season.
* 10/16: Baha’i feast honoring the one Deity as ‘Ilm–Knowledge. Baha’i believe in the oneness of all religions.
* 10/16: World Food Day–Day to recognize the necessity of affordable, healthy, and environmentally sustainable food; day to advocate for adequate food for all.
* 10/17: Old Egyptian feast of Neteret Hathor, Goddess of Fate.
* 10/17: Shukaku Matsuri–Shinto rite offering thanks and first fruits of the rice harvest to the Kami.
* 10/17: Day Tibetan Buddhists meditate on and emulate Bodhisattva Goddess Goldi Tara’s quest of desire for excessive wealth.
* 10/17 to 10/24: Navapad Oli–Jain period of fasting, recitation of holy scripture, and meditation on the principles of right knowledge, right faith, right conduct, and right penance. Jainas honor conquerors of passions, liberated souls, spiritual leaders, spiritual teachers, and renouncers.
* 10/18: Day the Clean Water Act was enacted (1972); day to give thanks for the water we drink.
* 10/18 eve to 10/26 eve (10/22 peak): Orionid Meteor Showers.
* 10/19 eve to 10/22 eve: Thesmophoria–Old Greek festival commemorating Goddess Kore eloping to Elysium with God Dionysos, accompanied by Goddess Hekate and spirits of the dead.
* 10/20: Day the Granth Sahib (Adi Granth), the holy scripture of the Sikhs, was recognized as eternal guru (1708). Sikhs believe the infinite and formless Deity should be sought within one’s self.
* 10/21: Day military attacks on civilians were outlawed world-wide (1950); day to mourn all civilian victims of war.
* 10/21: Day the Marine Mammal Protection Act was enacted to protect marine mammals from harassment, hunting, capture, and killing (1972).
* 10/23: Beginning of Scorpio (the Scorpion).
* 10/23: Vigil for peace, justice, and respect for the human rights of all in Libya.
* 10/24 (12:45 p.m. EDT): Full Moon (Wolf/Hunting Moon).
* 10/24: Yoruba/Santeria feast of Orisha Erine, Healer of the Sick and Injured.
* 10/24: Feast of Raphael, Angel of Healing.
* 10/24: Day the U.N. came into being to facilitate world-wide peaceful cooperation (1945).
* 10/24: Day the first woman was ordained a Presbyterian minister in the U.S. (1956).
* 10/24 to 10/30: World Disarmament Week–Time for peaceful activism to help end the arms race.
* 10/27: Chinese Buddhist festival of Goddess Kuanyin; celebrates Her attainment of Bodhisattvahood.
* 10/27 eve to 10/30 eve: Apaturia–Old Greek festival in which newcomers and children were welcomed into the community.
* 10/28: Day the world’s nations committed to biodiversity and ecosystem conservation (1982).
* 10/28 to 11/3: Isla–Old Romano-Egyptian festival recalling Set (God of Destruction) killing God Osiris; Goddess Isis murdering Him, resurrecting Him, and conceiving God Horus with Him; and Osiris becoming Lord of Amenta, realm of the dead.
* 10/31: Lha Bab Duchen–Day Tibetan Buddhists celebrate the Buddha’s descent from heaven after teaching the Dharma there.
* 10/31: Day to mourn the women tortured and killed as “witches” because of their independence, wealth, wisdom, or religion.
* 10/31 eve: Halloween–Night that the dead return to visit their families; celebrated by children, dressed as spirits, going door to door for treats.
* 10/31 eve to 11/2 eve: Samhain–Old Celtic/Welsh New Year and feast of Cerridwen (Goddess of Death) and Beli (the Holly King—God of the Waning Sun).
* 10/31 eve to 11/7 eve: Mid-Autumn/Day of the Dead/Hallowmas.
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### October Visible Planets:
- **Morning:** Uranus (10/1-24)
- **Evening:** Mercury (twilight) (10/24-31), Venus (twilight) (10/1-22), Mars, Jupiter, Saturn, Uranus (10/24-31), Neptune.
- **All Night/Opposition:** Uranus (10/24)
- **Conjunction:** Venus & Mercury (10/14), Jupiter & Mercury (10/30)

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**Goddess as Wisdom & Law-Giver... God as the Omniscient One**

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**Goddess as the Oracle... God as the Teacher**

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**Goddess as the Planet Venus... God as the Seven Planets**

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**Goddess as Wise Matrona... God as Wise Old Man**

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**Goddess as Owl / Migrating Birds... God as Ibis / Dying Creatures**

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**October Visible Planets:** Morning...Uranus (10/1-24). Evening...Mercury (twilight) (10/4-31), Venus (twilight) (10/1-22), Mars, Jupiter, Saturn, Uranus (10/24-31), Neptune. All Night/Opposition...Uranus (10/24). Conjunction...Venus & Mercury (10/14), Jupiter & Mercury (10/30).
Seasonal Focus: height of Autumn
Nature Focus: darkness & cooling; leaves falling; hibernation begins; decay & death
Psychological Focus: letting go & endings; purging anger & hurt, hate & fear, greed & egoism

Panchami–Day that Jains celebrate knowledge, education, and holy books with recitations, meditation, and worship. 
11/11: Birthday of St. Juana Ines de la Cruz (1651), Catholic nun and feminist poet. 
11/12: Birthday of Elizabeth Cady Stanton (1815), non-violent advocate for women’s rights. 
11/12: Birthday of Mirza Hasun Ali Baha’u’llah (1817), mystic and founder of the Baha’i Faith. 
11/12 to 11/15: Tewa Buffalo Dance–focused on healing. Tewa rites honor Mother Earth, Father Sky, and the four directions and elements of life—air of the North, earth of the East, fire of the South, and waters of the West. 
11/13: Kindness Day–Day for practicing random acts of kindness to strangers, and for committing to make kindness the basis for all encounters every day. 
11/15: Day Tibetan Buddhists meditate on and emulate Bodhisattva Goddess Gold Tara’s conquest of desire for unneeded things. 
11/15: Fast for an Abundant World Harvest–Day to fast and commit to action to help prevent deaths from malnourishment world-wide. 
11/15: Great American Smokeout–Day to give up smoking to preserve one’s own health and the health of loved ones. 
11/15: Transgender Remembrance Day–Day to mourn those killed because of their transgender identity. 
11/22: Thanksgiving Day–Day to give thanks for the abundance of our land and for our food, clothes, shelter, and health. 
11/22: Beginning of Sagittarius (the Hunter/Huntress). 
11/23 (12:39 a.m. EST): Full Moon (Snow/ Fire Moon). 
11/23: Day commemorating the birth of Guru Nanak Dev Sahib (1469), founder of the Sikh faith. Sikhs attempt to merge the human spirit with the Divine Spirit by reciting Akaal Purakh, one of Deity’s sacred names. 
11/23: Bahá’í feast honoring the one Deity as Qodrat–Divine Power. 
11/24 to 11/26: Remembrance day for Meister Johannes Eckhart (d. 1328), Christian mystic. He taught the four ways of the mystic’s journey—the creating, positive, negative, and transformative ways. 
11/28: Birthday of Orello Cone (1835), Universalist who conceived Deity to be a compassionate, genderless unity. 
11/29: Kindness Day–Day for practicing random acts of kindness to strangers, and for committing to make kindness the basis for all encounters every day. 
11/30: Remembrance day for Meister Johannes Eckhart (d. 1328), Christian mystic. He taught the four ways of the mystic’s journey—the creating, positive, negative, and transformative ways. 
11/30: Transgender Remembrance Day–Day to mourn those killed because of their transgender identity.

Creation Spirituality Path: via negativa (the negating way — dealing with challenges and suffering) 
Kabbalistic Focus: Gevurah (Daughter Heh; Matronit; Lilith) (f): Justice, Judgment & Conscience; Chaos & Destructive Power

NOVEMBER
November Visible Planets:
- Morning: Venus (twilight)
- Evening: Mercury (twilight) (11/1-21), Mars, Jupiter (11/1-13), Saturn, Uranus, Neptune.

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**Goddess as Conscience … God as Consciousness**

**Goddess as Justice: Punishment … God as the Victim of Injustice**

**Goddess as Intercessor: Mercy … God as the Forgiving One**

**Goddess as the Destroyer … God as Decay and Death**

**Goddess as the Wolf / Vulture … God as the Scorpion / Hawk**

DECEMBER

Day commemorating the death of Abdul Qadir Jilani (1166). Sufi saint who was renowned for his compassion for the poor.  
12/17 to 12/23: Saturnalia/Opalia—Old Roman festival honoring God Saturn (the weak Sun) & Goddess Ops (the fallow Earth); celebrated with gift-giving, revelry, and abolishment of all class distinctions.  
12/17 eve to 12/18 eve: Yule—Old Anglo-Teutonic festival honoring Freyr and Freya (Deities of Fertility) and the newborn Balder (God of Light), son of Frigg and Odin. Celebrated with evergreens, fires, and feasting. 
12/26: Day commemorating the death of Zoroastrian Prophet Zarathustra (551 BCE). 
12/26 to 1/1: Kwanzaa—Celebrating the positive African traditions. 
12/28: Day the first woman was ordained a Catholic priest—without Vatican authority (1970). 
12/28: Day the Endangered Species Act was enacted (1973); day to mourn those creatures already extinct. 
12/28: Day an Islamic court ruled FGM to be un-Islamic and banned the practice (1997). 
12/29: Day Guatemala’s 36-year civil war ended (1996); vigil for true peace, justice, and respect for the human rights of all in Central America. 
12/31: Ohara/Grand Purification Festival—Shinto rite exercising evil from the world. 
12/31: Yoruba/Santeria festival of Orisha Yemaya, Mother of the Sun and Moon. 
12/31: Baha’i feast honoring the one Deity as Sharaf—Honor. 
12/31: Feast of Father Time, who ultimately overcomes us all. 
12/31 to 1/4: Zoroastrian celebration of Divine Spirit Vohu Manah, creator and protector of animals. 
12/31 eve: New Year’s Eve—Vigil for the new year; night for self evaluation and resolving to better oneself.

* Seasonal Focus: ending of Autumn — beginning of Winter
* Nature Focus: darkness & cold; bare trees & falling leaves; hibernation & migration; death
* Psychological Focus: inner reflection; struggle against evil — within & without

GODDESS AS DARKNESS ... GOD AS LIGHT

2 3 4 5 6 7 8

GODDESS AS THE DARK MOON ... GOD AS THE RE-BIRTHING SUN

9 10 11 12 13 14 15

GODDESS AS THE EVERGREEN TREE ... GOD AS THE SNOW

16 17 18 19 20 21 22

GODDESS AS BIRTHING MOTHER ... GOD AS NEWBORN CHILD

23/30 24/31 25 26 27 28 29

GODDESS AS THE BEAR MOTHER ... GOD AS THE BEAR CUB

January Experiential Meditations

- **New Moon**: Alone in a completely dark room or cave, mindfully sit still and silent. Experience Deity with all your senses: all that you see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon**: Alone in a completely dark room or cave, chant names or attributes of Deity (or play gentle wordless music), while swaying gently to the music. Meditation: peace and healing for all.
- **Full Moon**: Alone in a completely dark room or cave, sing sacred songs of love and praise (or play fast wordless music), while swaying exuberantly. Meditation: respect and compassion for all.
- **Waning Moon**: Alone in a completely dark room or cave, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

January Empowering Meditation*

Confront the Negative Voice that insists that your positive qualities don’t exist. View yourself from the perspective of the all-knowing Deity. Recognize you are sacred. Affirm the existence of your positive qualities. Affirm you are equal to others, intelligent, capable, compassionate, and lovable.

* The Negative Voice (whether internalized or projected from predatory people or patriarchal society) reflects harmful ways of thinking. A Positive Response is necessary to defeat the Negative Voice.

January Art As Meditation

- Explore the music, dance, and art of Tibet/China/East Asia/Buddhism/Taoism/Shinto.
- Express yourself and honor Deity by creating art to represent the future.

January Action Offerings

- Heal and nurture your relationship with yourself.
- Volunteer to work at a hospital, clinic, or hospice.
- Donate blood and sign up to be an organ donor.
- Write to legislators and the media in support of strengthening and aggressively enforcing laws against religion-based discrimination and harassment.
- Get involved in a group promoting religious tolerance and understanding.

February Experiential Meditations

- **New Moon**: Alone with a candle in an otherwise dark room, mindfully sit still and silent. Experience Deity with all your senses: all that you see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon**: Alone with a candle in an otherwise dark room, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- **Full Moon**: Alone with a candle in an otherwise dark room, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- **Waning Moon**: Alone with a candle in an otherwise dark room, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

February Empowering Meditation

Confront the Negative Voice that dwells on, or magnifies the importance of, your negative qualities, actions, and experiences. Evaluate it from the perspective of the all-knowing Deity. Focus on your positive qualities, actions, and experiences.

February Art As Meditation

- Explore the music, dance, and art of indigenous Africa.
- Express yourself and honor Deity by creating art to represent reconciliation and peacemaking.

February Action Offerings

- Heal and nurture relationships with your children.
- Do “Spring” cleaning and give unneeded items to local charities.
- Avoid patronizing TV programs, music, films, magazines, books, products, and companies that are racist.
- Get involved with a group promoting ethnic equality and multiculturalism.
- Write to legislators and the media in support of affirmative action programs, which combat racism’s effects and serve as reparation for past and present racism.

March Experiential Meditations

- **New Moon**: Alone in a grove of deciduous trees at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon**: Alone in a grove of deciduous trees at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- **Full Moon**: Alone in a grove of deciduous trees at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- **Waning Moon**: Alone in a grove of deciduous trees at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

March Empowering Meditation

Confront the Negative Voice that uses negative and hurtful labels and sexist/racist stereotypes. Reject the label or stereotype; affirm they do not reflect real people. Focus on how you (and others) don’t fit the label or stereotype. Defend against words and actions of predatory people.

March Art As Meditation

- Explore the music, dance, and art of Goddess-focused spirituality.
- Express yourself and honor Deity by creating art to represent the conquest of aggression.

March Action Offerings

- Heal and nurture relationships with your mother and mother-in-law.
- Avoid patronizing TV programs, music, films, magazines, books, products, and companies that are sexist.
- Get involved with a group promoting gender equality and egalitarianism.
- Write to legislators and the media in support of affirmative action programs, which combat sexism’s effects and serve as reparation for past and present sexism.
April Experiential Meditations
- **New Moon:** Alone near a body of water at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon:** Alone near a body of water at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- **Full Moon:** Alone near a body of water at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- **Waning Moon:** Alone near a body of water at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

**April Empowering Meditation**
Confront the Negative Voice that concludes that someone doesn’t like you, is sexist/racist, or is otherwise thinking negatively, without any objective proof. Recognize that you are projecting a negative motivation. Affirm “I don’t really know what he/she is thinking. He/she is probably not hostile toward me.”

**April Art As Meditation**
- Explore the music, dance, and art of indigenous Oceania.
- Express yourself and honor Deity by creating art to represent healing.

**April Action Offerings**
- Heal and nurture relationships with your father and father-in-law.
- Start an organic garden to cultivate fruits and vegetables.
- Organize a party to plant trees in your neighborhood or a local park.
- Organize a party to clean up a river, lake, or beach.
- Write to your congressmen/women in support of stronger laws to protect fish from being harvested above the maximum sustainable yield.

May Experiential Meditations
- **New Moon:** Alone in a flower garden at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon:** Alone in a flower garden at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- **Full Moon:** Alone in a flower garden at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- **Waning Moon:** Alone in a flower garden at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

**May Empowering Meditation**
Confront the Negative Voice that urges you to hate, to be disrespectful, or to cause harm to others. Evaluate it from the perspective of the all-knowing Deity. Recognize the harm these cause to yourself as well as others. Recognize others are sacred.

**May Art As Meditation**
- Explore the music, dance, and art of indigenous Hispanic Central and South America.
- Express yourself and honor Deity by creating art to represent passionate love.

**May Action Offerings**
- Heal and nurture your relationship with your spouse/partner.
- With your spouse, review, amend, and renew your wedding vows to reflect an egalitarian partnership marriage based on mutual love, respect, commitment, and cooperation, in which all power and responsibility is shared and all property held in common.
- Volunteer at a domestic violence shelter to help those victimized by the patriarchal model of marriage based on male power and female obedience.
- Write to legislators and the media in support of mandatory arrest, jail time, and counseling for domestic violence abusers.

June Experiential Meditations
- **New Moon:** Alone on a hill at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon:** Alone on a hill on a sunny day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- **Full Moon:** Alone on a hill at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- **Waning Moon:** Alone on a hill on a sunny day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

**June Empowering Meditation**
Confront the Negative Voice that dwells on, or magnifies the importance of, the negative, the evil, and the ugliness in the world. Evaluate it from the perspective of the all-knowing Deity. Focus on the positive, the good, and the beauty in the world. Recognize all is sacred.

**June Art As Meditation**
- Explore the music, dance, and art of Renaissance/Classical Europe.
- Express yourself and honor Deity by creating art to represent compassion.

**June Action Offerings**
- Heal and nurture relationships with your siblings.
- Volunteer to work at a local homeless shelter or soup kitchen.
- Ask local officials to set aside land for a community garden to enable the poor and others to grow their own fruits and vegetables.
- Write to your congressmen/women in support of stronger laws to protect forests from being logged above the maximum sustainable yield or in ways that destroy bio-diversity.
- Write to your congressmen/women in support of stronger laws to prevent water pollution and to require clean-up of polluted waters.
July Experiential Meditations
- New Moon: Alone in a wheat or corn field at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- Waxing Moon: Alone in a wheat or corn field at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- Full Moon: Alone in a wheat or corn field at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- Waning Moon: Alone in a wheat or corn field at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

July Empowering Meditation
Confront the Negative Voice that tells you your performance must be perfect or it is a total failure. Focus on the positive aspects of your performance. Affirm that even an imperfect effort is valuable in itself and necessary for the learning process. Keep trying.

July Art As Meditation
- Explore American Folk/Blues/Jazz/Cajun/Soul/Gospel/New Age music and dance.
- Express yourself and honor Deity by creating art to represent fruition and fulfillment.

July Action Offerings
- Heal and nurture relationships with your friends.
- Organize a party to clean up your neighborhood or a local park.
- Write to public officials and the media in support of expanded public parks and wild animal, bird, and marine sanctuaries.
- Write your congressmen/women in support of expanded protections of endangered species and their habitats.
- Write your congressmen/women in support of stronger laws to prevent air pollution, depletion of the ozone layer, and global warming.

July Experiential Meditations
- New Moon: Alone in a wheat or corn field at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- Waxing Moon: Alone in a wheat or corn field at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- Full Moon: Alone in a wheat or corn field at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- Waning Moon: Alone in a wheat or corn field at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

August Art As Meditation
- Explore the music, dance, and art of South Asia/Hinduism.
- Express yourself and honor Deity by creating art to represent non-attachment to possessions.

August Action Offerings
- Heal and nurture relationships with your co-workers and neighbors.
- Avoid patronizing TV programs, music, films, magazines, books, products, and companies that promote or glorify violence.
- Get involved with a group that advocates banning personal use and sale of all guns not appropriate for hunting.
- Learn and promote methods of peaceful dispute resolution and weaponless self defense.
- Get involved with a group that advocates recognition and enforcement of fundamental rights and liberties of all, throughout the world.

August Empowering Meditation
Confront the Negative Voice that tells you a single negative event reflects a never-ending pattern of defeat. Put the negative into perspective; focus on positive events and accomplishments. Keep trying.

September Experiential Meditations
- New Moon: Alone in a vegetable garden at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- Waxing Moon: Alone in a vegetable garden at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- Full Moon: Alone in a vegetable garden at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- Waning Moon: Alone in a vegetable garden at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

September Empowering Meditation
Confront the Negative Voice that anticipates that things will turn out badly, and treats the prediction as an established fact. Recognize that you are sabotaging yourself with a self-fulfilling prophecy. Affirm “I don’t really know how it will turn out; I will try to make it turn out well.”

September Art As Meditation
- Explore the music, dance, and art of Native Americans.
- Express yourself and honor Deity by creating art to represent thanksgiving.

September Action Offerings
- Heal and nurture relationships with your grandparents and grandchildren.
- Do a simple family ritual to give thanks for your harvested fruits and vegetables. Share your harvest with family, friends, and local soup kitchens for the homeless.
- Get involved with a group that advocates equal opportunity in employment, subsidized retraining for the unemployed, a living wage, and pro-family working conditions—such as health care, day care, and reasonable and flexible hours.
- Get involved with a group that aids victims of famine, disease, and other natural calamities.
**October Experiential Meditations**

- **New Moon**: Alone in a grove of deciduous trees at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon**: Alone in a grove of deciduous trees at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- **Full Moon**: Alone in a grove of deciduous trees at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- **Waning Moon**: Alone in a grove of deciduous trees at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

**October Empowering Meditation**

Confront the Negative Voice that says others are the cause of some event, which you were, in fact, responsible for. View the situation from the perspective of the all-knowing Deity. Affirm “I am responsible for all I do, good and bad. No one else is.”

**October Art As Meditation**

- Explore the music, dance, and art of the Middle East/Judaism/Kabbalism/Islam/Sufism/Baha’ism.
- Express yourself and honor Deity by creating art to represent purged anger and hurt.

**October Action Offerings**

- Heal and nurture relationships with animals; if you can, adopt a homeless animal.
- Get involved with a group that helps protect animals from human abuses.
- Volunteer to tutor a child at a local school.
- Get involved with an organization that promotes literacy.
- Get involved with a group that advocates equal opportunity in education.
- Get involved with a group that advocates fully-funded public schools free of all religious ideology and practice.

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**November Experiential Meditations**

- **New Moon**: Alone in a cemetery at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon**: Alone in a cemetery at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- **Full Moon**: Alone in a cemetery at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- **Waning Moon**: Alone in a cemetery at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

**November Empowering Meditation**

Confront the Negative Voice that says you are the cause of some negative event, which you were not, in fact, responsible for. View the situation from the perspective of the all-knowing Deity. Affirm “I am not responsible for the acts of others.”

**November Art As Meditation**

- Explore the music, dance, and art of the Caribbean.
- Express yourself and honor Deity by creating art to represent justice and struggles against evil.

**November Action Offerings**

- Make peace with those who did die while you were estranged with them.
- Do a simple family ritual to honor all ancestors and friends who have died.
- Simplify your lifestyle: reduce consumption; reuse, maintain, and repair what you can; avoid disposable, non-recycled, and non-recyclable products.
- Begin recycling regularly at home, and ask those in your neighborhood, and at your work, school, and place of worship to start recycling programs.
- Start a compost for all your biodegradable waste to help life come from death.

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**December Experiential Meditations**

- **New Moon**: Alone in a grove of evergreen trees at night, mindfully sit still and silent. Experience Deity with all your senses: what you can see, smell, hear, taste, and touch; recognize the oneness of all. Meditation: personal transformation.
- **Waxing Moon**: Alone in a grove of evergreen trees at mid-day, chant names or attributes of Deity (or play gentle wordless music), while moving gently to the music. Meditation: peace and healing for all.
- **Full Moon**: Alone in a grove of evergreen trees at night, sing sacred songs of love and praise (or play fast wordless music), while dancing exuberantly. Meditation: respect and compassion for all.
- **Waning Moon**: Alone in a grove of evergreen trees at mid-day, pray in thanksgiving to Deity. Meditation: sustenance and justice for all.

**December Empowering Meditation**

Confront the Negative Voice that tries to motivate you to reach unreasonable goals or sexist expectations with “shoulds” or “should nots.” Affirm “It’s healthy/unhealthy for me to do this, and I want to be healthy,” or “It’s respectful/harmful for me to do that, and I want to be respectful.”

**December Art As Meditation**

- Explore the music, dance, and art of Medieval Europe/Christian mysticism.
- Express yourself and honor Deity by creating art to represent the past.

**December Action Offerings**

- Heal and nurture relationships with your extended family, in-laws, and any ex-spouse.
- Organize a food drive for the local food bank.
- Buy gift certificates from local soup kitchens or fast food restaurants to give to the homeless who ask you for help.
- Put out seed to feed birds and other wild animals.
- Buy a living evergreen tree to celebrate the holidays, and plant it in the yard or a local park afterwards.
- Gather family or friends to sing at a seniors’ home, hospital, or hospice.